



**Galloway Township Public Schools**

101 South Reeds Road

Galloway, NJ 08205

(609) 748-1250

<http://www.gtps.k12.nj.us>

## Diabetes Questionnaire/Action Plan

Dear Parent/Guardian:

You have informed the school nurse that your child has diabetes. In cooperation with your child's physician, please complete the information below and return it to the school nurse. **This form is only valid for the current school year.**

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_

### MEDICAL HISTORY: (To be completed by parent/guardian and physician)

#### Blood Glucose

Target range for blood glucose: \_\_\_\_\_ mg/dl to \_\_\_\_\_ mg/dl

Glycohemoglobin A1c result: \_\_\_\_\_ Date: \_\_\_\_\_

Usual times to test blood glucose (check all that apply):

\_\_\_\_\_ before breakfast      \_\_\_\_\_ before lunch      \_\_\_\_\_ before dinner  
\_\_\_\_\_ before exercise      \_\_\_\_\_ after exercise      \_\_\_\_\_ PRN

Can child perform their own blood glucose tests? \_\_\_\_\_ YES      \_\_\_\_\_ NO

Type of meter: \_\_\_\_\_

Ketones: Urine \_\_\_\_\_ Blood \_\_\_\_\_

Circumstances for testing: \_\_\_\_\_

Date of last eye examination: \_\_\_\_\_ Physician: \_\_\_\_\_

#### Insulin

Times, type and dosages of insulin injections taken:

<u>Time:</u>	<u>Type:</u>	<u>Dosage:</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

Other Medications: \_\_\_\_\_

**Additional Information Required on Reverse Side>>>>>**

### Meals and Snacks

<u>Meals and Snacks:</u>	<u>Time:</u>	<u>Food Content/Amount:</u>
Breakfast	_____	_____
Midmorning Snack	_____	_____
Lunch	_____	_____
Midafternoon Snack	_____	_____
Other times to give snacks	_____	_____

Preferred snack foods: \_\_\_\_\_

Foods to avoid, if any: \_\_\_\_\_

### Exercise and Sports

A snack such as \_\_\_\_\_ should be readily available during exercise and sports.

Restrictions on activity, if any: \_\_\_\_\_

Child should not exercise if blood sugar is: \_\_\_\_\_

### Hypoglycemia

Usual symptoms of hypoglycemia: \_\_\_\_\_

Treatment of hypoglycemia: \_\_\_\_\_

If glucagon is to be given, please list the dose, route, and side effects: \_\_\_\_\_

\_\_\_\_\_  
\*\*If glucagon is administered, 911 will be activated and parents/guardians will be notified immediately

### Hyperglycemia

Usual symptoms of hyperglycemia: \_\_\_\_\_

Treatment of hyperglycemia: \_\_\_\_\_

\_\_\_\_\_  
Physician/Health Care Provider Signature/Stamp                      Date

\_\_\_\_\_  
Please Print Physician/Health Care Provider's Name, Address, and Phone Number

.....  
**Emergency Phone Numbers**

Mother:      Home \_\_\_\_\_ Work \_\_\_\_\_

Father:      Home \_\_\_\_\_ Work \_\_\_\_\_

Other:      Name \_\_\_\_\_ Relationship \_\_\_\_\_

                 Home \_\_\_\_\_ Work \_\_\_\_\_

Preferred hospital: \_\_\_\_\_

In the absence of the school nurse, I grant permission **for a trained delegate to administer my child's glucagon** as medically ordered. I understand that if the specified procedures are followed, the district, its employees and agents shall have no liability as a result of any injury arising from the administration of glucagon to my child.

\_\_\_\_\_  
Parent's/Guardian's Signature                      Date